

EarthCare (Teens): Wisdom

By Rev. Liesa Chase & Kathy Harwood Long

Power Points for Facilitators & Teen Leaders:

- God is all good and active in everything, everywhere.
- I create my experiences by what I choose to think and what I feel and believe.
- I do my best by living the Truth I know. I make a difference!
- Classroom facilitators are here to draw out our youth, teens lead the direction of our conversations and facilitators are guides along the way.

Wisdom as spiritual power / for the Facilitators & Teen Leaders:

“Wisdom in Divine Mind is an idea of choice.” Powers of the Soul by Ella Pomeroy (student of and with the Fillmores)

Unity minister Matthew Long (Peace Unity.net) writes about the power of Wisdom:

Its seat is in the gut which feels all things. We have wisdom, it is inherent within us. God in us knows, and as we quicken our wisdom faculty we begin to know that we know—where and when we need to know. ..Judgment is Wisdom's ability to evaluate and make choices. Discernment is an attitude of knowing without reason. The more we develop our Wisdom faculty, the easier it becomes for the right-use of our Judgment ability, which is to look within rather than without and to discern what is ours to do.

Opening Prayer / Inspiration Reading

Prayerfully, I remember: I am one with the power of Divine Wisdom, discerning care for creation in all my choices, words, and actions. The truth of Divine Order is at the center of my being, and all things. My Highest Self guides me in wise decisions and actions. I am the power of wisdom and discernment in all my choices, words, and actions.

Opening Affirmation

I am divinely designed to express wisdom. I am wise.

Check In

What percentage of the time do you make wise choices?

Share one word to describe how you feel when you make a choice that makes a difference to the planet?

Joy Song

God You Are by Daniel Nahmod, see video/soundtrack:

<https://youtu.be/y8gfRDfn2SA?si=rMdadbrLkLg-HtHh>

Chorus Lyrics To Sing-Along:

Everything I see, everything I do, everything I am is you
Everything above, everything below, everything I know is you

Cause you are the very breath I breathe
And your perfect love created me
Everything I see, everything I do, everything I am is you Everything above, everything
below, everything I know is you

Everything I see, everything I do, everything I am is you

Lesson – WISDOM

“In The Week that Changed the World, Ernest Wilson wrote, “The kingdom of heaven is not so much a place as it is a way of seeing a place, or a feeling about it.” In the Mysteries of Genesis, Charles Filmore noted that wisdom/judgment is the power to discern real values, and real and continuous interest. Wisdom and love are joined in God, and a perfect balance is struck in consciousness between knowing and feeling when man spiritualizes his thoughts.” (writing from Rev. Sharon Ketchum)

“Divine Wisdom is the power in you and me to make choices on behalf of all life. Choosing to take care of the earth and its creatures, even without the assurance that you are making a difference, feels right. It is like your whole body is saying “Yes!” When we listen within for guidance about what is ours to do, the guidance can feel like a yes, or even stronger, it can feel like two yeses. Better yet, when we get three yeses, we know for sure what is ours to do.

Wally Amos became famous for his “Famous Amos” chocolate chip cookies sold all through the U.S. He was also a Public Television teacher and advocate for everyone to have a chance to learn to read. I’ve never forgotten the wisdom story he shared as he and I walked and talked, exploring the pressing issues of our time. One morning on his daily walk along the Pacific Ocean, he encountered hundreds of beached fish flopping in the sand. As he began to throw fish back into the ocean, a bystander challenged Wally’s choice to save a few fish: “What difference will that make?!” Wally was clear in his response as he threw another fish to the ocean, “It made a difference to that one.”” (writing from Rev. Kathy Harwood Long)

Meditation/ Centering/ Mindful Moment

Creative Experience

Introduce the idea of the power of Divine Wisdom to make decisions by 'listening' for a "yes, yes, yes". (Or, a "no, no, no".) The premise for this exercise is listening with curiosity. Often we may react and hear a yes, but, asking for another yes, and then one more yes, when making a decision slows us down. When we slow down our thinking and feelings, we consider more.

Let's practice slowing our thinking, letting our inner wisdom be heard and see how it helps us make a difference for the planet.

Imagine you are at the store. You have just spotted something you want to buy. Maybe it is a game, clothes, sports equipment, or food. In your mind, make your choice. You are excited, ready to race with it, or eat it. Wait. Before buying it take a moment and wonder: How is my yes to buying this particular item affecting the planet? What is it made of ? plastic? Wood? Polyester? If food, how was this grown—or, how was the animal treated that is now food for me to eat? What will happen to the things I buy when I'm done with them? What is my money really supporting, or not supporting? Does your inner voice say yes or no to buying the item? Rev. Liesa Chase

Reading

Read the article the Power of Wisdom found at <https://www.unity.org/article/power-wisdom>

5 Basic Unity Principles

God is all good and active in everything, everywhere.

I am naturally good because God's Divinity is in me and in everyone.

I create my experiences by what I choose to think and what I feel and believe.

Through affirmative prayer and meditation, I connect with God and bring out the good in my life.

I do and give my best.