



## Rev. Russell Heiland

Rev. Russell Heiland, Jr. is the senior minister of Unity of Fairfax in Oakton, Virginia. Prior to his current tenure at Unity of Fairfax, Rev. Russ served as associate minister at First Unity of St. Petersburg, FL 2009-2013, and senior minister at Unity Christ Church of Wilmington, NC 2005-2009.

His demonstrated energy and enthusiasm for Unity are inspirational as he continuously seeks innovative ways, such as intergenerational programs and activities, to fulfill Unity's mission and vision. His active engagement in interfaith work and social justice causes extends the application of Unity teachings and fosters broader spiritual understanding in the community.

Rev. Russ was ordained as a Unity minister in 2007. He has a bachelor's degree in International Studies from Miami University in Ohio and a master's degree in Liberal Studies from the University of North Carolina, Wilmington. His Master's thesis is entitled "Inner Vision and Synchronicity: Dream Work as Taught by Charles Fillmore and Carl Jung" was original research into the history of dream interpretation in the Unity Movement. He completed a Mini MBA in 2020 from Miami University. Also, he is the author of "Twelve Powers and Seven Chakras, or Could it Be Christian Kundalini?"

When asked what his vision is for the future of Unity Worldwide Ministries, Rev. Russ says, "I envision Unity Worldwide Ministries as a catalyst for personal and collective transformation of consciousness that promotes inclusivity, sustainability, and respect for all creation. This is achieved through teaching, spiritual practice, and civic engagement."

### Key Facts:

- Strong skills in communication, community engagement, interfaith and social justice work, as well as Unity teachings
- Eighteen years of progressively responsible Unity leadership experience
- Actively serving as Unity minister since ordination in 2007
- Senior Minister of Unity of Fairfax 2013 – present
- Current member of the UWM Credentialing Team and UWM Field Program Leadership Team