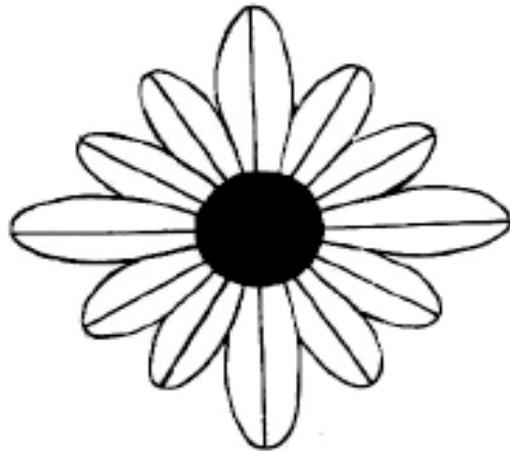


God In Me



A Religious Emblems Program for
Young People of Unity



200 Unity Circle North, Suite A
Lee's Summit, MO 64086

This Book belongs to

Name _____ Age _____

Address _____

Phone _____ Email _____

Ministry _____

My Mentor is _____

Phone _____ Email _____

My Youth Leader is _____

Phone _____ Email _____

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The God In Me Emblem

A Spiritual Growth Program For Young People in Unity For Ages 6-11

The Purpose

Unity Worldwide Ministries has developed the God In Me Emblem in order to help young people of Unity deepen their faith and further their knowledge of the Christ within.

This program will provide an opportunity for those participating in the program to relate closely with their parents or guardians, counselors, and ministers on the subject of Truth.

Who Is Eligible?

This religious emblem program is primarily for young people in Unity between the ages of 6 and 11, who are members of one of the following national youth groups:

- Boy Scouts of America
- Camp Fire, Inc.
- Girl Scouts of the U.S.A.
- 4-H Club
- Other Youth Groups
- Any Unity member of this age level

If a young person is a non-Unity member and desires to participate in this program, he or she may do so with written permission of his or her parents or guardian. Written permission should be presented to the Unity minister or counselor before beginning this program.

How Do I Get Started?

Follow these simple steps

- With your parents, talk to your minister about being your mentor. (Your minister may choose to serve directly as your mentor or may appoint someone else to work with you on this program.)
- Start working on the activities listed in this booklet. Keep a neat record of your work in a notebook or within this booklet.
- As you finish each activity, discuss what you did with your parents or guardian and counselor.
- When you have finished all the activities, have your parents or guardian and counselor sign the page called "Application for the God In Me Emblem." Your minister will then mail your application to: Member Services Division, Unity Worldwide Ministries, P.O. Box 610, Lee's Summit, MO 64063.
- Your God In Me Emblem will be sent directly to your minister. When it arrives, you and your minister should set the date for the presentation of the award at an appropriate church service. Please do not set the date until after you have received the award.

Your Booklet

Your booklet is a very important part of your awards program. It is yours to keep. Your job is to do the best you can in fulfilling each requirement so it will help you to learn and grow spiritually. If writing is hard for you, you may wish to record your ideas with a tape recorder, or have someone help you put them down in your booklet. Be sure the answers are yours. You can also use photographs, drawings, or cut-out pictures on these pages, or you can collect things that show your ideas and feelings.

From time to time you will want to share your work with your counselor. Your counselor will be eager to know all about your work and will be available to help you find information.

After you have done your best on each requirement, see your counselor to get his or her approval on your work.

National Standards

The requirements for the God In Me Emblem have been set by the Member Services Division of Unity Worldwide Ministries as national minimum requirements.

What does the God In Me Emblem look like and where do I wear it?

Cub Scouts / Boy Scouts of America



The God In Me Emblem is for youth of Cub Scout age. This emblem consists of purple Unity wings, 1-1/2" X 5/16", with UNITY in silver; a pin back and a 1" sunburst pendant in silver and purple. **No. 1615**

The Boy Scouts of America has authorized this emblem to be worn on the Cub Scout uniform, centered on the left breast, suspended over the pocket.

Adventure Camp Fire, INC

The God In Me Emblem is for youth of Adventure age. The embroidered emblem consists of a purple background with a white border. The name UNITY is also in white with the Unity wings and sunburst in silver bullion thread. The size is 1-1/2" X 2". **No. 1616**

You will want to wear your new emblem with pride by sewing it in a special place on your blue award vest.



Junior Girl Scouts of the USA



The God in Me Emblem is for girls in the Girl Scout Junior Program. This emblem consists of purple Unity wings, 1" X 3/16", with UNITY in silver; a pin back and a 3/4" sunburst in silver and purple. **No.1617**

The Girl Scouts of the U.S.A. has authorized this emblem to be worn on the right side of the uniform, level with the Girl Scout membership pin or on the insignia sash in the area below the membership stars or troop numerals and above the next official insignia already on the sash.

The God In Me Emblem is also available to any youth in Unity, between the ages of 6-11, who is active in any church, center, or study group. This emblem consists of purple Unity wings, 1" X 3/16", with UNITY in silver; a pin back and a 3/4" sunburst in silver and purple. This emblem may be worn on any uniform or civilian clothing. **No. 1617**



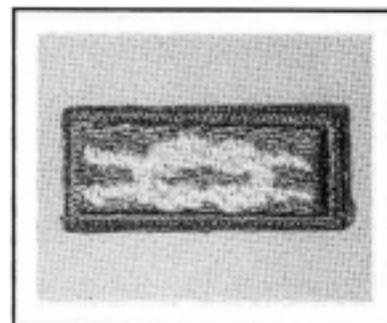
Miniature Pin



For parents and young people receiving the Light of God emblem. This consists of a 1/2" sunburst pin with a pin back to be worn on civilian clothing. **No.1650**

This cloth, silver knot on a purple background is an insignia designed by the Boy Scouts of America. It is for boys in the Cub Scout and Webelov program who have earned the religious emblem of their faith. After receiving the God In Me Emblem, your square knot **No. 5014** may be ordered by your den leader.

The Square Knot



Step 1: Who Am I?

Draw yourself with words

Your Name _____

Hair Color _____

Eye Color _____

Favorite Color _____

Number of Brothers _____

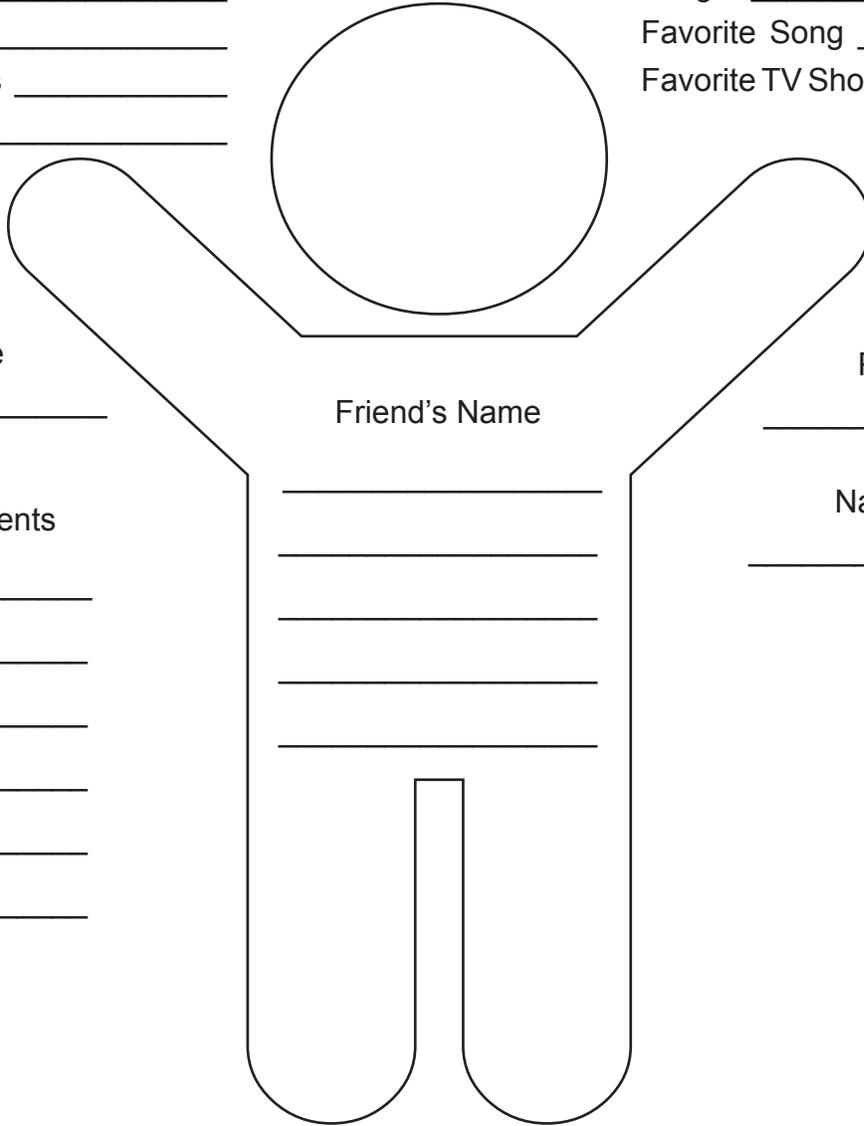
Number of Sisters _____

Height _____

Weight _____

Favorite Song _____

Favorite TV Show _____



Parent's Name

Parent's Name

Friend's Name

Name of School

Hobbies & Talents

Tell me something else about yourself.

Step One: Who Am I?

Write about the following:

YOUR PHYSICAL NATURE:

Draw yourself, using words that tell about your physical identity. See the examples on page 7.

YOUR MENTAL NATURE:

All your thoughts and feelings are your mental self. These are important because your thoughts and feelings make you either happy or sad. You can choose what thoughts you will think. List some thoughts and feelings, or beliefs you have about yourself.

YOUR SPIRITUAL NATURE:

The Life of God in you is your spiritual self. You are part of God's creation. God created you and all other people in God's image. Therefore, you are like other children in many ways. See how many ways you can list that you are like other children. You are also a special and unique (one of a kind) creation of God. List some things about yourself that make you unique.

THE GREATEST COMMANDMENT:

In the Bible we are told a young man asked Jesus what was the greatest law. Jesus said, in effect, the first greatest law is to love God. The second law is like it: Love your friends as you love yourself. Answer the following questions:

What are your feelings about God?

What did Jesus mean when he said it is important to love our friends as we love ourselves?

What do you love about yourself?

When Completed Discuss with your Mentor or Minister

My Signature _____

Parent or Guardian Signature _____

Mentor Signature _____

Date Completed _____

Step Two - The Simple Truth

The Simple Truth was written in 1982 by Mary-Alice Jafolla, a Unity minister and, at the time, co-director of Silent Unity, Unity's worldwide prayer ministry. Your minister, church library, or church bookstore may have a copy.

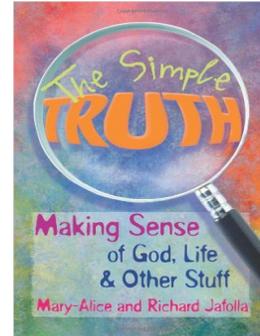
If not, to obtain the book, through Amazon.com

Paperback: 177 pages

Publisher: Unity; 4th edition (December 2, 1999)

Language: English

ISBN-10: 0871592479



Read through *The Simple Truth* and complete the following sentences. When you have completed the exercise, share your answers with your mentor. Have your mentor sign that you have completed this exercise.

- Spirit is your _____ and your _____ of God living through you. Your _____ comprises your thoughts, beliefs, attitudes and feelings about things. Your _____ is the home of God (p 19).
- Every human being is _____ by God and is a means through which God _____ life and works out the universal plan (p 25).
- Everything, including our thoughts and health and events in our lives, operates according to the law of _____ and _____ and this law cannot be _____ (p 52).
- When we pray – when we sincerely hunger to feel God's presence – something happens to change _____. If _____ in its simplest form is talking to God then _____ in its simplest form is listening to God (p 61).
- Jesus was a man fully _____ in every respect. His life is important to us for one towering reason. He discovered he was _____ with God (p 70). Jesus is our _____ because his teachings and his life can show us the way (p 71).

- The real you – that _____ is always _____ and makes you the one-of-a-kind individual you are. The Christ is the _____ of God in each of us (p 76).
- The _____ is God in action. This creative ability of the Holy Spirit can create new _____, new _____, new _____ in your _____, your _____, and the _____ in your life (p 83).
- Reading (the Bible) this way, looking for how it applies to our own lives, is called interpreting the Bible _____ – looking behind the words for the real ideas and what they represent to us personally. As you change and evolve, the meanings in the Bible stories _____ as well (p 89).
- Whatever we are thankful for _____ and becomes even more useful to us. All of life responds to the power of _____ and _____ (p 139).
- Faith is _____ (p 159). The issue is never really how much faith we have, but how we have _____ the faith we already have (p 160). Faith begins with _____ on God within you (p 163).



Mary-Alice Jafolla

When Completed Discuss with your Mentor or Minister	
My Signature	_____
Parent or Guardian Signature	_____
Mentor Signature	_____
Date Completed	_____

Step Three: Know Your Ministry

Unity Ministries come in all shapes and sizes

- Draw or cut out a picture of your church and place it above. Also list the address and phone number of your church.

- Attend a children's education class or church service in your church at least twice a month for six months or longer. What was this experience like?

Step Four: Seeing God Through Nature

Take an awareness walk. There are two ways to take your awareness walk. One is to focus your eyes on the ground and walk along quickly covering as much ground as you can. The other way--and the most rewarding--is to walk slowly along with your eyes wide open to all the wonders of God in nature.

By looking up the animal and plant life in your area before you take the walk, you will be able to identify them by name while you are walking. Being able to identify trees, shrubs, flowers, insects, birds, rocks, fish, and mammals will make your nature walk very interesting.



Awareness Plot

- Plan an awareness walk with your parents or guardian, mentor, or friend. The walk can be in your own backyard, a city park, or preferably in the countryside. List here all the interesting things you see, hear, smell, taste, and feel.

- While on your awareness walk, collect and identify at least six items and describe in here what you think is their part in God's creation.

- Make an awareness plot. Mark off a square area two feet by two feet and observe it uninterrupted for at least 10 minutes. In selecting your plot, you are encouraged to select one that is active. For example, an anthill, puddle with tadpoles, rotten log with moss, etc. Report what you saw and learned about nature.
- Option: Instead of making an awareness plot (No. 3), use your own ideas and do something that will help you see God through nature. For example, set out bird feeders and observe the different birds and how they feed and interact. Discuss your observations with your mentor.

When Completed Discuss with your Mentor or Minister

My Signature _____

Parent or Guardian Signature _____

Mentor Signature _____

Date Completed _____

Step Five: Helping Others

Helping others is a big part of your youth program. To help others, you must ask questions and learn what needs to be done.

HELPING OTHERS MAKES YOU FEEL GOOD INSIDE

THE GOOD SAMARITAN

Luke 10:25-27

A certain lawyer stood up and tested Him, saying, "Master, what shall I do to inherit eternal life?" Jesus answered, "What is written in the law? How do you read it?"

The lawyer said, "You shall love the Lord your God with all your heart and with all your soul, and with all your strength, and with all your mind; and your neighbor as yourself."

And Jesus said to him, "You have answered right. Do this, and you shall live." But the lawyer, wishing to justify himself, said to Jesus, "Who is my neighbor?" And Jesus answered with this story:

"A certain man went down from Jerusalem to Jericho and fell among thieves who stripped him of his clothes, and wounded him and departed, leaving him for dead. And by chance there came a certain priest that way, and when he saw him, he passed by on the other side. And likewise a Levite, when he was at the place, came and looked at him, and passed by on the other side.

"But a certain Samaritan, as he journeyed, came where he was, and when he saw him, he had compassion on him. He went to him and bound up his wounds, pouring on oil and wine, and put him on his own beast, and brought him to an inn and took care of him.

"And the next day, when he departed, he gave some money to the Innkeeper and said to him, 'Take care of him, and whatever more you spend, when I come again, I will repay you.'

"Now which of these three do you think was a neighbor to him that fell among the thieves?" And the lawyer said, "He that showed mercy on him." Then Jesus said to him, "Go and do likewise."

- Talk with your mentor and find someone in your church, family, or community who could use your help. Make plans to do something helpful for the person you choose. Describe what you did here.

Step Six: Thoughts Are Things



**HAPPY THOUGHTS ARE HAPPY SEEDS.
UNHAPPY THOUGHTS ARE JUST LIKE WEEDS!**

God created every plant, bush, flower, and tree to produce seed which would grow other plants, bushes, flowers, and trees from which they came.

God created each seed to grow according to its kind. We know we can always count on seeds to grow the way they are supposed to grow. Apple seeds will always grow into apple trees--they will never grow to be orange trees or peach trees.

Happy thoughts are like seeds that grow happy experiences in our lives. We are always choosing either happy thoughts or unhappy thoughts throughout the day. When we choose happy, loving thoughts, we experience joy. When we choose unhappy thoughts, we experience sadness.

- For one week, become aware of the thoughts you think throughout the day. Before you go to sleep at night, make a list of as many of these thoughts as you can remember.
 - ✧ How did they make you feel?
 - ✧ Was your day happy or unhappy?
 - ✧ If it was unhappy, make a list of the unhappy thoughts, words, or phrases, and next to each one put a new word or thought phrase that is happy.

- Can you imagine some new, happy seed thoughts you would like to plant in your life? Draw a picture of some seeds and write the new seed thoughts in the picture of the seed.

- Select a piece of poster paper. Cut out pictures, words, and ideas that represent happy thoughts to you and put them on your poster. Share this with your mentor and talk about the pictures and words you have chosen that represent happy thoughts and a happy world to you.

When Completed Discuss with your Mentor or Minister

My Signature _____

Parent or Guardian Signature _____

Mentor Signature _____

Date Completed _____

Step Seven: Prayer

Prayer is an important part of being a child of God. When you set aside a time to pray every day, you are letting God speak to you. You also have an opportunity to tell God what you feel in your heart.

When you pray, it is important to concentrate on thanking God for His love and all the other special gifts God has given to you. It is only through prayer you come to know God and God's will of all good for you. In your prayer time, you may wish to begin with one of the following prayers.

THE PRAYER FOR PROTECTION

The Light of God surrounds me;
The Love of God enfolds me;
The Power of God protects me;
The Presence of God watches over me.
Wherever I am, God is!

THE PRAYER OF FAITH

God is my help in every need;
God does my every hunger feed;
God walks beside me, guides my way
Through every moment of the day.
I now am wise, I now am true.
Patient, kind, and loving, too.
All things I am, can do, and be,
Through Christ, the Truth that is in me.

God is my health, I can't be sick;
God is my strength, unfailing, quick;
God is my all, I know no fear,
Since God and love and Truth are here
~ Hannah More Kohaus

THE LORD'S PRAYER

Our Father who art in heaven, Hallowed be Thy name.
Thy kingdom come.
Thy will be done in earth,
As it is in heaven.
Give us this day our daily bread.
And forgive us our debts,
As we also have forgiven our debtors.
And leave us not in temptation,
But deliver us from evil.
For Thine is the kingdom,
And the power, and the glory,
Forever. Amen.

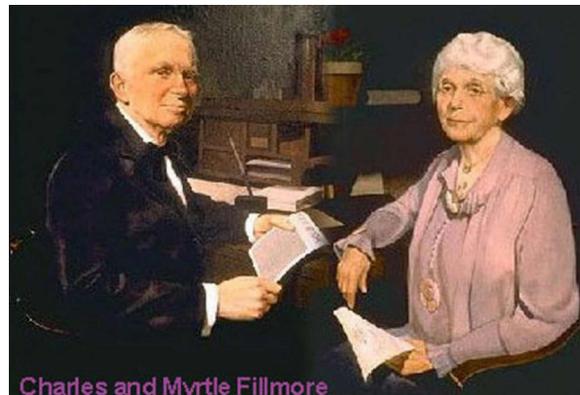
- Every day for one month, set aside a special time for prayer. Try to make it the same time each day. An example would be when you get up in the morning, or after school. Keep a record of your prayer time here.

- Lead a prayer at mealtimes and keep a record here.
 - ✧ Example: Thank You, God, for happy hearts, For rain and sunny weather. Thank You, God, for this food, And that we are together.

- Recite to your mentor the “Prayer for Protection,” “The Prayer of Faith,” and “The Lord’s Prayer.”

Silent Unity is Unity’s 24-hour-a-day, seven-day-a-week prayer ministry. It has been in continuous prayer for over 100 years. Phone them at 816-524-3550 and request their special prayer pamphlet, “Talking To God,” for children. Talk with your mentor about what you learned from reading the pamphlet. Also call the prayer line so you can have a personal experience of it, 1-800-NOW-PRAY (669-7729)

Charles & Myrtle Fillmore
Co-Founders of Unity



Charles and Myrtle Fillmore

When Completed Discuss with your Mentor or Minister

My Signature _____

Parent or Guardian Signature _____

Mentor Signature _____

Date Completed _____

Congratulations!!

When you have completed all seven steps in this booklet and each one has been signed by your parents or guardian and your mentor, you are eligible for the God In Me Emblem.

Complete the top portion of the God In Me Emblem application (on the following page) and ask your parents or guardian, minister, and mentor to sign the bottom portion.

Your minister will mail the application with appropriate check to cover the cost of the award to the Member Services Division, Unity Worldwide Ministries, P. O. Box 610, Lee's Summit, MO 64063.

Allow at least three weeks for the application to be processed. After your minister has received your award, plans can be made for a special presentation in your church.

You can wear your God In Me Emblem with pride as you join other religious groups in displaying the badge of your faith.

When you reach the age of 11, you may enroll in the Light of God Emblem program. In the Light of God program, you will grow in deeper spiritual awareness of the Christ within.

It has taken a lot of work, but it was fun! Think of all the new truths you learned which will help you the rest of your life. Be sure to thank your mentor for the time and interest that he or she devoted toward helping you complete this program.

When complete, send the application & order form to:

Unity Worldwide Ministries

Attn: YFM Coordinator

200 Unity Circle North, Suite A

Lee's Summit, MO 64086

Forms can also be emailed to: DVenzera@unity.org

Application for the "God In Me" Emblem

This is to certify that:

Name _____ Age _____

Address _____

City, State, Zip _____

Is a member of (Ministry Name) _____

Address _____

City, State, Zip _____

And is registered with the following youth agency:

- | | |
|-------------------------------------|--|
| <input type="checkbox"/> Cub Scouts | <input type="checkbox"/> Boy Scouts |
| <input type="checkbox"/> Camp Fire | <input type="checkbox"/> Girl Scouts |
| <input type="checkbox"/> Unity | <input type="checkbox"/> Other Youth Group |

and has successfully completed the requirements for the God in me Emblem. We recommend the participant be approved for this award.

Parent or Guardian _____ Date _____

Minister _____ Date _____

Mentor _____ Date _____

Parent or Guardian's Name _____

Complete Mailing Address _____

Phone _____ Email _____